



# Harvest Hope

## SHARE THE HARVEST

### Most Needed Food Items

Soups, Stews & Chillies  
Cooking Oil  
Fresh Produce  
Sugar Free Items  
Peanut Butter  
Meal Replacements  
Hot & Cold Cereal  
Nut-Free  
School Safe Snacks  
Jellies & Jams  
Coffee & Teas  
Paper Towel  
Adult Diapers

Instant Rice  
Instant Noodles  
Dried & Canned Beans  
Gluten Free Items  
Canned Meats & Fish  
Cheez Whiz &  
Spreadables  
Pasta & Pasta Sauces  
Baking Soda & Powder  
Juice Boxes  
Apple Sauce  
Milk Powder  
Baby Formula  
Diapers  
Baby Wipes

**Always  
accepting  
empty egg  
cartons and  
reusable  
shopping bags.**



The Food Bank of York Region  
8201 Keele Street, Units 5 & 6,  
Concord, ON Canada L4K 1Z4

Drop Off:  
Weekdays 8:00 AM - 2:00 PM

Tel: 437-317-3710  
Web: [fbbyr.ca](http://fbbyr.ca)  
eMail: [fooddrives@fbbyr.ca](mailto:fooddrives@fbbyr.ca)

Registered Charity Number:  
849539473RR0001