



VOLUNTEER WITH THE FOOD BANK OF YORK REGION

The Food Bank of York Region is a non-profit organization committed to alleviating extreme food insecurity for York Region's most vulnerable residents. As the official food collection and distribution hub for the region, we collect and deliver surplus food to 75+ community partners, including food pantries, shelters, social service agencies and non-profit housing cooperatives. Our network provides food services to people experiencing loss of income, homelessness, neglect, disabilities and marginalization.

OUR 2020 IMPACT:



\$8.45
Million Worth of
Food Distributed



24,098
Individuals
Served



13,997
COVID-19
Home Deliveries



Do You Want to Help Meet the Need? Volunteer today!

Our Food Bank counts on the help of our volunteers for our hunger relief efforts. We have the food our communities need, but it takes hands-on help to deliver it to our neighbours experiencing food insecurity. Our volunteers' involvement is crucial to the success of our food program. From 202-21, 628 volunteers have committed to 4,636 hours of volunteering at the Food Bank!

We welcome students seeking to complete your community service requirements. We also provide references and letters of completion upon request.

Our volunteer program provides flexibility for your commitment. To book volunteer times based on your own availability, visit our online scheduler here: <https://fbyr.ca/volunteer-signup/>

VOLUNTEERS MUST:



Be 16 years of age or older, unless accompanied by an adult



Be comfortable lifting up to 25 lbs.



Follow COVID safety protocols at all times, as mandated by York Region

Together we can make a difference in the fight against Food Insecurity in York Region!

The Food Bank of York Region

[Charitable Registration B/N: 849539473 RR0001]

8201 Keele Street, Unit 5 & 6

Concord, Ontario L4K 1Z4

Email: volunteer@fbyr.ca

Phone 437-317-3701



**END
HUNGER.**
In York Region